



NEWSLETTER

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Inside this Newsletter

1. Editorial

*Health Education: The Vital Answer
For Health Care Improvement*

2. Health News

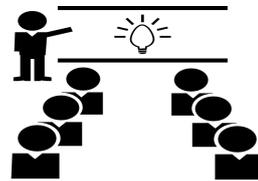
Food Sensitivity

3. Discover The Body Functions

The Blood

Announcements

You are invited to our
**Health Retreat from
December 31st 2017 to January 7th 2018.**



With that retreat you will be empowered to take control of all your health concerns. You will acquire a better understanding of the relationship between your body clock and your body function.

You will learn how to reverse diabetes, high blood pressure, arthritis & many other degenerative diseases just by adjusting your lifestyle with your biochemical profile. You will finally understand how to flush toxins from your mesenchyme to improve all your body function.

This is the BEST and the only lifetime opportunity to start and make 2018 the best year of your life!

Call and enroll immediately: 1-407-765-5075

EDITORIAL

Health Education: The Vital Answer For Health Care Improvement



My dream for the coming century is to believe that America will be the first Nation to provide the best federal law for the teaching and practical of Functional Medicine.

It is the essence of America to welcome men and ideas that contribute to the betterment of mankind.

Humanitarian issues have always been part of the American values. This explains certainly why the social security reform and the government health policy appear to be, besides the budget improvement, the most significant topics of Trump's presidency.

The Dietary Supplement Health and Education Act of 1994 DSHEAH has been enacted in order to:

- Raise our level of health
- Help delay the onset of chronic disease
- Lower the cost of health care

The DSHEAH provides the legal ground for the dissemination of useful health information to the public. In spite of advanced medical breakthroughs, there seems to be no better alternative than education to prevent the increasing chronic diseases that affect the world today.

As a matter of fact conventional medicine provides no cure for: AIDS, Arthritis, Autoimmune disease, Back pain, Cancer, Chronic fatigue syndrome, Diabetes, Diarrhea, Digestion, Edema ADD/ADHD,

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Fibromyalgia, Food allergies, Heart disease, Hepatitis, High cholesterol, Hypertension, Insomnia, Irritable bowel syndrome, Lack of energy, Leukemia, Lupus, Migraine headaches, Multiple sclerosis, Neural sinus infection, Neuralgia, Obesity, PMS, Poor, Stomach pain, Ulcerative colitis, Ulcers.. We could still go on with the list.

All of those aforementioned conditions are related to our lifestyle and nutritional status. They are the results of our ignorance of the laws of Health and our repetitive mistakes in the area of our eating habits.

At this stage, Health Education through lectures and seminars with the increasing public demand is becoming the ultimate ANSWER.

Science today links good nutrition and the benefits of dietary supplements with Health promotion and disease prevention. Health lectures and seminars, interactive media and motivational meetings must be offered in order to bring about a real change in our lifestyle and eating habits.

The tremendous success of the weekly health lectures and seminars provided by Kenor International during the past years reinforces our determination to improve our performance for this coming year. Your annual membership fee of \$50 will be a key factor in our development and extension.

Helps us make Health Education the only vital answer for the eradication of chronic diseases and **Health Improvement.**

HEALTH NEWS

Food Sensitivities

Some foods make some people sick. For example, milk, forms mucus in people that are allergic to it. Common symptoms are sinus drip, post nasal drip, phlegm etc.

In his book "An Alternative Approach to Allergies," 1980 New York Harper and Row, Dr.Randolph Theron M.D. described how certain allergic reaction caused neurosis and psychoses. Dr.Marshall Mandell and Willian Philpott 1974 clearly established through their reports the basic link of Food Sensitivity with psychiatric disorders.

Dr.Philpott reports "I had 160 of my schizophrenic patients fast for 4 days. All were partial or total failures of megadose vitamin therapy and standard therapy. Over 100 were normal at the end of the fast." Normal here means back to normal behaviour.

It appears from this experience that the elimination of certain food can help restore mental health. Food sensitivity should be for this reason one of the first domains of exploration for clinical investigation. The toxicity test performed with blood sample could be a very good tool to help reversing chronic disease.

Simple Remedies

Enema - Cleansing the bowel. Place water solution in a two-quart enema bag and expel air from the bag. Garlic enema can be used to fight infection, pull mucus from the colon, and as a general cleanser. Catnip enema can be used for fevers, contagious disease and colic.

Gout – May be relieved by making a raw onion poultice. Leave all night; Gout is usually due to a build-up of toxins in the system and will respond well to a cleansing program. For treatment consult your physician.

(By Connie Carlson)

DISCOVER THE BODY FUNCTIONS

The blood

The blood is responsible with the heart and the arteries for transporting oxygen and other vital substances to the cell of the body while cleaning up their waste products.

Before birth the umbilic, the liver and the spleen contribute to the formation of the blood. This hematopoietic function is then assumed by the red bone marrow at the seventh month of the fetal life.

We must consider that the blood tissue, as any other part of the body is subjected to the aging process.

The chronic type of leukemia, anemia and thrombosis very often represents the aging symptoms of the blood. A weak immune system, arteriosclerosis have been identified as the causing factors of the aging process.

The blood aging can be delayed or reserved by steady intake of antioxidants, vitamins B complex and daily absorption of green vegetable juice including carrots, red beets, celery, parsley and dandelion leaves.

This kind of juice should be taken in the morning just before the regular breakfast and never before a fruit meal.

Following such a program faithfully during four consecutive months can be extremely beneficial to our health.

The soul is the blood.

Renewing your blood through your food should be like renewing your soul for a better life.

For more information feel free to call 1-401-765-5075

Thank you.